

FREE

Recreational Para-Cycling Program

**Volunteers
Needed too!**

The Shelley Gautier
Para-Sport
Foundation



**Sundays from 2-4 PM & Thursdays from 6-8 PM
at Pier 8 (47 Discovery Dr, Hamilton)**

**All are welcome regardless of their disability
or previous cycling experience.**

**Para-cycling equipment will be provided free of charge
(Handcycles and Tandem bikes)**



***For more information, please contact Farid Pirani at
905-537-9492 or faridpirani@gmail.com***

Turning Passion into Action